



# Bunbury Catholic College 2023 Cafeteria Menu



## DAILY BREAKFAST (7.45 AM—8.25 AM)

Raisin Toast or Toast + jam, honey or vegemite	\$2.20
Hot Chocolate or Tea	\$2.20

## DAILY RECESS SELECTION

### Available Daily

Cheesie (V)	\$3.00
Muffins(V)	\$2.20
Chia Pudding with Fruit (DF, GF)	\$4.50
Bircher muesli with fruit (DF, GF)	\$4.50
Apple Yoghurt, Muesli and Fruit tub	\$4.50
Fruit (Seasonal)	\$0.60
Vegemite Roll	\$1.80
1/2 Vegemite Roll	\$1.10
Buttered Roll	\$1.60
1/2 Buttered Roll	\$1.00
Gluten Free Brownie	\$3.00
Hot crumble slice with custard	\$4.50
Hot Chocolate	\$2.20
Assorted Toasted S/W	\$4.20
Egg&Bacon Muffin with cheese &sauce	\$4.30
Tomato Sauce/Salad Dressing	\$0.50

### Monday

Chicken Crackles x 3	\$2.60
Yummy Drummy	\$4.20

### Tuesday

Party Pies x2	\$3.20
Bruschetta Jaffle	\$4.40
Croissants—Jam & Butter	\$3.00
-Ham & Cheese/Cheese & Tomato	\$4.40

### Wednesday

Chicken Nuggets x 3 (GF)	\$2.60
Cheesie Dog	\$3.50
Pizza Jaffles (Assorted)	\$4.50

### Thursday

Chicken sticks + hash brown	\$2.60
Spring rolls x3 (V)	\$3.20
Chicken Chilli Wrap	\$4.20

### Friday

Yummy Drummy	\$4.20
Samosas	\$2.60
Cheesie Torpedo	\$3.50

## LUNCH SELECTION

### Available Daily

<b>Assorted Burgers with salad</b>	\$5.60
Cheese, Veggie, Fish, Chicken, or Hamburger	

<b>Assorted Sandwiches and Large Wraps</b>	\$5.40
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<b>Assorted Salad Roll/Plate</b>	\$5.60
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Extra Protein or avocado	\$1.00
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<b>Small Wraps</b>	\$4.00
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Extra cheese or avocado	\$1.00
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Chicken + mayo	)
Ham + mayo	)
Beef + tomato chutney	)All include salad
Tuna	)
Cheese	)

Curried egg + lettuce	
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*(Gluten Free bread or wrap \$1.00 extra).*

<b>Soup Of The Day</b>	<b>\$3.50</b>
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<b>Beef + Gravy Roll</b>	\$5.70
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<b>Turkish Bread</b>	\$6.60
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Beef, Chicken or Roast Pumpkin	
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### Snacks

Anzac Biscuits	\$1.00
Milo Bar	\$1.70
Rice Snacks	\$1.70
Vegie Chips	\$1.70
Grain Wave Chips	\$1.70
Popcorn	\$1.80
Quelch Fruit Sticks	\$1.50
Billabong	\$2.40
Bucket Light	\$2.40
Gelato	\$3.60
Zooper Dooper	\$1.50
Froyo frozen yoghurt LF (Large)	\$3.70
Froyo Frozen Yoghurt LF (Small)	\$2.90

## Healthy Food & Drink Choices in Schools

Our Canteen has made the necessary changes to its menu to meet with the Healthy Food and Drinks in Schools guidelines.

### Monday

Chicken Chilli Wrap	\$5.30
Sausage Roll	\$4.40
Hot Dog	\$4.70
Nasi Goreng (V)	\$5.30
Spinach Ricotta Sausage Roll	\$4.60

### Tuesday

Hot Chicken Roll with Mayo or Gravy	\$5.60
Spaghetti Bolognaise	\$5.60
Pie	\$4.50
BCC Nacho's (v)	\$5.60

### Wednesday

Chicken Chilli Wrap	\$5.30
Sausage Roll	\$4.40
Hot Dog	\$4.70
Nasi Goreng (V)	\$5.30
Spinach Ricotta Sausage Roll	\$4.60

### Thursday

Hot chicken roll with mayo	\$5.60
Pie	\$4.50
Meat ball subs	\$5.60

### Friday

Chicken Chilli Wrap with salad	\$5.30
Potato Top Pie	\$4.90
Spinach Ricotta Sausage Roll	\$4.60
Mac and Cheese (vegetarian option)	\$5.60

## DRINKS

### Available All Day

Up & Go	\$2.60
Plain Milk (Small)	\$2.10
Plain Milk (Large)	\$3.10
Flavoured (Small)	\$3.10
Flavoured (Large)	\$4.40
Harvey Fresh Juice 250ml	\$2.00
Harvey Fresh Juice 450ml	\$3.60
Emma + Tom Fruit Smoothie	\$4.60
Spring Water	\$2.00
Sparkling water flavoured	\$2.50
Yoghurt	\$2.80
Yogo (Chocolate)	\$2.80
Sparkling Oh / Glee	\$2.80