## Term 12024 Cafeteria Menu

DAILY BREAKFAST (7.45 AM—8.25 AM)
Raisin Toast or Toast + jam, honey or vegemite \$2.30
Hot Chocolate or Tea \$2.20
DAILY RECESS SELECTION

| Available Daily |  |
| :---: | :---: |
| Cheesie (V) | \$3.00 |
| Muffins(V) | \$2.30 |
| Chia Pudding with Fruit (DF, GF) | \$4.60 |
| Bircher muesli with fruit (DF, GF) | \$4.60 |
| Apple Yoghurt, Muesli and Fruit tub | \$4.60 |
| Fruit Salad (GF) | \$4.60 |
| Fruit (Seasonal) | \$0.70 |
| Vegemite Roll | \$1.80 |
| 1/2 Vegemite Roll | \$1.10 |
| Buttered Roll | \$1.60 |
| 1/2 Buttered Roll | \$1.00 |
| Gluten Free Brownie | \$3.00 |
| Daily cake slice | \$3.00 |
| Monday |  |
| Yummy Drummy | \$4.40 |
| Spring Rolls x 3 (V) | \$3.30 |
| Tuesday |  |
| Party Pies x2 | \$3.30 |
| Croissants - Jam \& Butter | \$3.00 |
| - Ham \& Cheese | \$4.40 |
| - Cheese \& Tomato | \$4.40 |
| Wednesday |  |
| Chicken Nuggets x 3 (GF) | \$2.90 |
| Pizza Jaffles (Assorted) | \$4.50 |
| Thursday |  |
| Chicken strips + hash brown | \$2.90 |
| Toast Sandwiches-Various | \$4.40 |
| Friday |  |
| Yummy Drummy | \$4.40 |
| Hash brown X2 (V) | \$2.90 |

LUNCH SELECTION

| Assorted Ciabatta |  |
| :--- | :---: |
| Whole/Half | $\$ 6.00 / \$ 3.00$ |
| Turkish Bread | $\$ 6.70$ |
| Ham, Beef, Chicken or Roast Pumpkin |  |
| Monday |  |
| Salad Plate | $\$ 6.00$ |
| Tuesday |  |
| Sushi Bowls | $\$ 5.80$ |
| Wednesday | $\$ 5.80$ |
| Salad Rolls |  |
| Thursday | $\$ 5.90$ |
| Wraps | $\$ 6.00$ |
| Friday |  |
| Special Salad | $\$ 1.00$ |
| Extra Protein, cheese or avocado | $\$ 0.50$ |
| Beetroot | $\$ 0.50$ |

Chicken, Ham, Beef, Tuna, Curried Egg + Lettuce
Gluten Free bread or wrap \$1.00 extra

## Snacks

Anzac Biscuits \$1.20
Milo Bar
\$1.90
Rice Snacks \$2.10
Vegie Chips
$\$ 2.10$
Grain Wave Chips $\quad \$ 2.10$
$\begin{array}{ll}\text { Popcorn } & \$ 2.10\end{array}$
Bucket Light
\$2.50
Zooper Dooper
$\$ 1.50$
$\$ 4.40$
$\$ 2.90$

## HOT FOOD DAILY

| Monday |  |
| :--- | :--- |
| Sausage Roll | $\$ 4.40$ |
| Hot Dog | $\$ 4.80$ |
| Fried Rice (V) (GF) | $\$ 5.40$ |
|  |  |
| Tuesday | $\$ 8.00$ |
| Burger Combo (Includes Juice Bomb) | $\$ 4.50$ |
| Pie | $\$ 5.60$ |

Thursday
Pie

## Friday

Fish \& Wedges \$5.50

Pizza Slice Meat Lover/Margarita \$4.40
Mac and Cheese (V)

DRINKS

| Available All Day |  |
| :--- | :--- |
| Up \& Go | $\$ 2.90$ |
| Plain Milk (Small) | $\$ 2.20$ |
| Flavoured (Small) | $\$ 3.30$ |
| Flavoured (Large) | $\$ 4.40$ |
| Harvey Fresh Juice 250ml | $\$ 2.30$ |
| Harvey Fresh Juice 450ml | $\$ 3.80$ |
| Spring Water | $\$ 2.00$ |
| Sparkling water flavoured | $\$ 2.50$ |
| Yoghurt | $\$ 2.90$ |
| Yogo (Chocolate) | $\$ 2.90$ |
| Juice Bomb | $\$ 3.00$ |

## Healthy Food \& Drink Choices in Schools

Our Canteen has made the necessary changes to its menu to meet with the Healthy Food and Drinks in Schools guidelines.

